

# PERSONAL AND PROFESSIONAL LIVES' WORKSHOP : MEN AND WOMEN WITH HIGH LEVELS OF RESPONSIBILITY SPEAK ABOUT THE ARTICULATION OF THEIR TIME AND LIVES



Have a successful career and start a family, build your professional network while keeping your friends, being recruited internationally without leaving everything behind. It is possible to meet the challenge of conciliating all these objectives! Are men and women affected the same way?

## PERSONAL AND PROFESSIONAL LIVES' WORKSHOP WEDNESDAY 2ND NOVEMBER FROM 12 :30 PM TO 7 PM CORPORATE ROOM (CAREER SERVICES)

*« Built on the base of an inaugural conference and on two round-table discussions, the workshop « personal and professional lives » welcomes men and women with high-responsibility positions or exposed to high levels of mobility in the context of their professional obligations.*

*The objective is to allow Sciences Po students to better apprehend questions on the articulation of their work time and life before these jostle them, and that these questions no longer take the backseat when taking a post or during career developments. »*

**Régine SERRA**, Men and Women Equality Referent at Sciences Po

**program**

**12.30 PM to 2 PM**

**Inaugural conference**

**Overview on working life balance and perspectives**

**Hélène PÉRIVIER**, OFCE Economist and Co-Manager of the Research and Academic Program on Gender Studies (PRESAGE)

[To know more and register \(mandatory\)](#)

**2:30 PM to 4:30 PM**

**Round-table discussion 1**

**Worktime, time at work : how to define boundaries**

- **Valence BORGIA**, Legal practitioner at the Paris and New York Bar
- **Pascal BERNARD**, DHR, *La Poste*
- **Charline AVENEL**, **General Secretary**, *Sciences Po*
- **Basma BONNEFOY**, Editor in Chief, *M6*

**Moderator:** Lyes BOUHDIDA, student at the Public Policy Master's

[To know more and register \(mandatory\)](#)

**5 PM to 7 PM**

**Round-table discussion 2**

**National, regional, international mobility. What about my personal life ?**

- **Patrizianna SPARACINO-THIELLAY**, Human Rights Ambassador, *Ministry of Foreign Affairs*
- **Sébastien MOSNERON-DUPIN**, Chief Executive of *Expertise France*
- **Annette YOUNG**, Reporter, *France 24*
- **Solenne BRUGERE**, Partner, *Carakters*

**Animation :** Lucie GONCALVES, Law and Economics Master's student

[To know more and register \(mandatory\)](#)