

Get a visa for Canada



Are you leaving for an internship in Canada? Getting a visa before departure is mandatory.

VISA FORMALITIES

[The IEC \(International Experience Canada\)](#) offers three kinds of work permit in Canada:

- **Young professionals (JP or JP-VIE for volunteering):** this visa is intended for young French professionals wishing to polish their skill set with a short-term contract.
- **Holiday-Work (PVT):** this visa is intended for young French citizens who plan to travel in Canada and wish to get a temporary paid job; the PVT is the most flexible and popular option as it is an open work permit without prior contract. To find out the opening date for registration, follow the newsfeed on [twitter](#).
- **[International Co-op Internship](#)** (valid for 12 months maximum, mandatory for all internships, paid or unpaid, as part of an academic curriculum): this visa is for young French citizens wishing to do a practical internship as part of their training.

CONDITIONS FOR PARTICIPATION FOR AN INTERNATIONAL CO-OP INTERNSHIP

To acquire an [International Co-op Internship](#) Visa in Canada, you

have to:

- Be between 18 and 35 years old at the time of application, have the French or Swiss citizenship and live in France
- Have a valid passport for the length of your stay in Canada
- Be registered in a higher education establishment in metropolitan France, Guadeloupe, Guyana, Martinique, Reunion, Mayotte or Saint-Pierre-et-Miquelon
- Be able to justify an internship offer in Canada and the link with your field of study or your training
- Have sufficient resources for the beginning of your stay in Canada, the equivalent of 2 500 CAD minimum (and be able to show proof of it at the border); if the internship is unpaid you need additional funds to provide for your needs during the entirety of your stay (around 3000 Euros)
- Have not already worked in an International Co-op Internship or participated twice to the IEC initiative (PVT or Young professionals) with France
- Have valid health, hospitalization and repatriation insurance for the length of your stay
- Pay the fees: 126 CAD (around 87 euros)
- Have a round trip ticket or have sufficient resources to buy one

PROCEDURES TO FOLLOW :

- Apply to [IEC](#) by following the given steps: questionnaire, unique code, registration, creation of a key GC account to enter the invitation base
- After a random draw by the authorities, you will receive an « **invitation to ask for an International Co-op Internship Work Permit** »; you will then have ten days to agree or refuse
- After agreement, you will have 20 days to officially ask for a work permit by giving all necessary documents (**job offer number from the employer, internship agreement**, passport etc.)

Note: The employer must fill out and present an employment offer to the Immigration, Refugees and Citizenship Canada Office, and pay the fees which may be as high as 230 CAD, to be able to give you the mandatory job offer number for your International Co-op Internship Permit Application.

- You will leave with a « **Point of Entry Letter of Introduction** », to present to the immigration agent with your passport, proof of your funds and proof of medical insurance

Good to know: the acceptance of your application as well as the reception of the working permit will take place at the « Point of Entry », at the airport and/or at the country border. It is forbidden to pursue any other activity with your International Co-op Internship Work Permit.

- Count at least 10 to 15 weeks to receive your « Point of Entry Letter of Introduction »

[For more detailed information](#)

[Download the presentation "Live and Work in Canada" - Sciences Po Alumni, September 2021 \(3655 ko - in French\)](#)